

1st Harwell (St. Matthew's) Scout Group  
**The Great Indoors Weekender – 11<sup>th</sup> – 12<sup>th</sup> July 2020**

<b>Activity Resource List</b>	<b>Scout and Explorer Programme</b>
<b>Harwell Led Activities</b>	<b>Scout Association Led Activities</b>

<b>Aimed at</b>	<b>Beavers</b>	<b>Cubs</b>	<b>Scouts</b>	<b>Explorers</b>	<b>Family</b>
<h2>Saturday Activities</h2>					
<b>Den building with Ed Stafford: Set-up Camp</b>	Tent, den building materials, sleeping bag, pillow, roll mat, headtorch, teddy				
<b>Zoom Meeting Saturday 2pm</b>  <b>Activities: Knots and Keepy-uppies</b>	<b>Activity 1:</b> Something you can tie in knots: string, cord, wool, shoelace  <b>Activity 2:</b> Ball, preferably a football				
<b>Build a Tower of Cards</b>	Pack(s) of playing cards				



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<b>Camp Gadget</b>	Poles of different sizes or Twigs, branches etc. or Bamboo skewers or spaghetti	String, jute, sisal or Wool or Elastic bands or Marshmallows
<b>Catapults</b>	Lollipop sticks (or you could use pencils, wooden skewers or even bamboo) String (you need to demonstrate lashing & knotting skills!) Pom-poms or something else you can launch!	
<b>Friendship Knot</b>	Your necker! Instructions	
<b>Mini Rope Ladder</b>	Sisal, garden twine, jute, string or similar Twigs, wooden coffee stirrers, lolly sticks or similar	
<b>Transformation Challenge</b>	2 items of OLD clothing! Anything else you can lay your hands on!	



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### Let's Get Cooking

#### Campfire calzone

- Tin foil
- Knives,
- Bowls
- Tongs
- Pizza base packet mix
- Filling of your choice – that could be cooked meats, vegetable
- Tomato puree or chopped tomatoes
- Cheese
- Flour for dusting

#### Chocolate orange brownie

- Sharp knife
- Dessert spoons
- 2 bowls
- Jug
- Wooden spoon
- Tin foil
- Chopping board
- 5 oranges
- 1 pack of brownie mix or make up a mix with the following:
- Chocolate chip to taste
- 2 cups plain flour
- 1 ½ cup sugar
- ½ cup cocoa powder
- ½ tsp baking powder
- ½ tsp salt
- ¾ cup water
- ¾ cup vegetable oil
- ½ tsp vanilla extract



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<b>Eyes to the Skies</b>	<ul style="list-style-type: none"><li>• Weather appropriate clothing</li><li>• Torch or phone</li><li>• Snacks</li><li>• Warm drinks</li><li>• Binoculars</li></ul>
<b>Night Photography</b>	<p>A camera: DSLR or phone with an app; Tripod or some way of keeping your camera steady If you have a DSLR you may need to refer to the manual (they are usually available for download) A moveable light source e.g. torch</p>



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## Sunday Activities

### Recipes to Reduce Food Waste (Breakfast)

#### Mixed fruit pancakes

- Equipment
- Spoons
- Forks
- Bowl
- Frying pan
- 1 egg, beaten
- 150ml milk
- 100g flour (plain, wholemeal or gluten free)
- 50g dried mixed fruit
- 100g finely chopped fruit (eg apple or pears)
- Dash of oil
- 1 teaspoon of sugar
- 1 teaspoon mixed spice or cinnamon

Appropriate clothing

### Yoga

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<b>Where would you go?</b>	Travel photographs Travel journals Travel blogs/Instagram etc.
<b>Zoom Meeting Sunday 10am</b>  <b>Activities: Loo Duty, Beetle Drive and Group Chat</b>	Activity 1: Completed loo duty checklist Activity 2: Beetle drive playing card, pencil and dice Activity 3: Think about the question: “If you could go anywhere on holiday, where, why, see, do, learn?” before joining on Zoom – see above

