

1st Harwell (St. Matthew's) Scout Group
St. George's Day 2021 – Reduce Challenge

Activity	F1 – Go Veggie!			Badge Link	Beavers: Cook, Skill Cubs: Chef, Skill Scouts: Chef, Skill	
Aimed at	Beavers	Cubs	Scouts	Explorers	Family	
Suggested Ideas	Take part in #MeatFreeMonday and cut out meat for the day. Take time today to plan a meat-free day tomorrow.					
Links to ideas	Search the internet for vegetarian dishes or meat substitutes. If you are already a vegetarian see if you can find a recipe using an ingredient you haven’t yet tried. Challenge: What is the impact of eating meat on the environment? What can be done to lessen this impact?					
Resources required	Recipe dependent.					

